

McCain Classics

CORN COBETTES



FOODSERVICE
SOLUTIONS

Super sweet, plump and juicy, McCain Corn Cobettes are flavoursome and beautifully presented.

PRODUCT INFORMATION

**Product Code**

2108

Inner Barcode

n/a

Outer Barcode

16009650902130

Pack Size

1 x 11kg

Shelf Life

18 Months

Storage Temp

< -18°C

Storage

Before opening store at -18°C or below

After opening reseal the bag and store at -18°C or below

COOKING INSTRUCTIONS

FOR BEST RESULTS, COOK DIRECTLY FROM FROZEN. DO NOT OVERCOOK.

DUE TO VARYING CONDITIONS, COOKING TIMES STATED SHOULD BE USED AS A GUIDE ONLY.

**BOILING**

1. Place McCain Alternatives Corn Cobettes in just enough boiling water to cover.
2. Cover with lid and bring back to the boil.
3. Boil for approximately 10 minutes.
4. Drain & serve immediately.

**STEAM**

1. Place McCain Alternatives Corn Cobettes in a single layer in a steaming tray.
2. Season with herbs and steam for approximately 10 – 12 minutes
3. Serve immediately.

INGREDIENTS

Corn on Cob

NUTRITIONAL INFORMATION

	Per 100g	Per 80g Single Serving
Energy (kJ)	495	396
Protein (g)	3.2	2.6
Glycaemic Carbohydrate (g)	22	17
of which total sugar (g)	2.6	2.1
Total fat (g)	0.8	0.6
of which saturated fat (g)	<0.1	<0.1
Dietary Fibre* (g)	2.7	2.2
Total sodium (mg)	3	2

*AOAC, 1990

Information applies to product as packed.
Nutritional information is based on South African Medical Research Council Food Composition Tables.

ALLERGENS & RELIGIOUS CERTIFICATIONS



None



All our products and the raw materials used are not derived from or contain any Genetically Modified Organisms



Suitable for:
Vegetarian Diet



Certifications:
Halal (SANHA)