

McCain Classics

BABY CARROTS



FOODSERVICE
SOLUTIONS

Perfectly harvested and frozen at the right time to lock in goodness, McCain Baby Carrots are ideal for salads, side plate service and roasting. Our baby carrots are crispy, tender and flavoursome.

PRODUCT INFORMATION

**Product Code**

1233

Inner Barcode

6009650900061

Outer Barcode

16009650900068

Pack Size

6 x 1kg

Shelf Life

18 Months

Storage Temp

< -18°C

Storage

Before opening store at -18°C or below

After opening reseal the bag and store at -18°C or below

COOKING INSTRUCTIONS

FOR BEST RESULTS, COOK DIRECTLY FROM FROZEN. DO NOT OVERCOOK.

**BOILING**

1. Place required quantity of McCain Baby Carrots into an equivalent amount of boiling water.
2. Boil (with lid off) for approximately 6 minutes.

**MICROWAVE**

1. Place McCain Baby Carrots in a suitable microwave container, season as per steaming.
2. Cover with cling wrap and pierce with a fork. Microwave on HIGH for approximately 6 - 7 minutes.
3. Serve immediately.

NOTE: Due to varying conditions, cooking times stated should be used as a guide only.

INGREDIENTS

Carrot Fingerlings

NUTRITIONAL INFORMATION

	Per 100g	Per 80g Single Serving
Energy (kJ)	162	130
Protein (g)	0.6	0.5
Glycaemic Carbohydrate (g)	5	4
of which total sugar (g)	3.8	3.0
Total fat (g)	0.3	0.2
of which saturated fat (g)	<0.1	<0.1
Dietary Fibre* (g)	3.0	2.4
Total sodium (mg)	77	62

*AOAC, 1990

Information applies to product as packed.
Nutritional information is based on South African Medical Research Council Food Composition Tables.

ALLERGENS & RELIGIOUS CERTIFICATIONS



None



All our products and the raw materials used are not derived from or contain any Genetically Modified Organisms



Suitable for:
Vegetarian Diet



Certifications:
Halal (SANHA)



Kosher (Beth Din)